

# Medical Care for Your NEWBORN



Carson Medical Group looks forward to caring for your baby after delivery! We offer a "Baby Talk" appointment before your baby's arrival, giving you the opportunity to meet one of our providers and ask any questions you may have about your baby's care. While this appointment is optional, it offers valuable insight. If you have not selected a provider by the time of delivery, one will be assigned to your baby at the hospital.



CALL 775-885-2229 TO SCHEDULE YOUR BABY TALK

For a complete listing of our pediatricians,  
visit [CarsonMedicalGroup.com/Pediatrics](https://CarsonMedicalGroup.com/Pediatrics)



## PROVIDED AT THE HOSPITAL

- Newborn head-to-toe exam and daily check-ins from the CMG on call pediatrician
- Newborn screening tests (see "Baby's First Tests" on page 2 for more info)
- Lactation support
- Recommended medications after delivery:
  - **Vitamin K** to assist the baby's immature liver with clotting (see "Why Does my Baby Need a Vitamin K Injection?" on our [website](#) for more info)
  - **Erythromycin** to prevent bacteria from causing blindness
  - **Hepatitis B Vaccine** first in a series of three vaccines to help prevent hepatitis B

## BABY WELL-CHECKS

In the first year, baby well-checks are a routine part of infant care. We plan to see your baby at three to five days of age, two weeks, one/two months, and at four, six, nine, and twelve months.

## VACCINATIONS

Carson Medical Group's providers recommend childhood immunizations following the American Academy of Pediatrics standard vaccination schedule to ensure your child's health and well-being. For more information, see our complete [childhood immunization policy](#) on our website.



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# Baby's FIRST TESTS

While most babies are born healthy, some infants have serious but treatable conditions that may not be apparent at birth. These conditions can be present in any family, even without a family history.

Newborn screening tests help health professionals identify these conditions early, before a baby becomes sick, so treatment can begin promptly.

In Nevada, all babies are screened before leaving the hospital for more than 50 conditions, including metabolic disorders, blood disorders, cystic fibrosis, hearing loss, and critical congenital heart disease.

Early treatment can be life-saving. Make sure your baby's provider can reach you, and follow their guidance if you are contacted about screening results.

## THREE PARTS TO NEWBORN SCREENINGS

### HEEL STICK BLOOD TEST

A small blood sample is taken from your baby's heel at or after 24 hours of age, placed on a newborn screening card, and sent to a state laboratory for analysis. You will be given a second screening card, to be completed between 10 and 14 days of age. If an out-of-range result is detected, your baby's health provider will be notified immediately.

### HEARING TEST

An auditory brainstem response (ABR) test checks to see if the nerve and brainstem pathways for hearing are working. Soft sounds are played to your baby's ear, and small sensors measure your baby's response. This test will be done before you leave the hospital and can be performed while your baby is asleep.



### PULSE OXIMETRY HEART TEST

A small monitor will be placed on your baby's right hand and one foot to measure oxygen levels in the blood (pulse oximetry). This painless test helps detect certain serious heart conditions, called Critical Congenital Heart Disease (CCHD), and is performed at or after 24 hours of age.

EACH YEAR, 12,000 BABIES WITH SERIOUS,  
BUT TREATABLE CONDITIONS GROW UP  
HEALTHY, THANKS TO NEWBORN SCREENING.



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# Infant CAR SEATS

You will need to show the hospital staff your rear-facing car seat for your baby's first ride home from the hospital. Be sure to get a car seat well before your due date, and practice using it in your car before your baby arrives.

## Tips for Shopping...

- Know whether your car has the LATCH system (hooks manufacturers into the seats of your car, designed specifically for car seats)
- Try locking and unlocking the buckle and try changing the length of the straps while you are in the store
- Try the seat in your car to ensure it fits
- Read labels to check weight requirements
- Do not buy a used car seat if you don't know its history (never use a car seat that's been in a car crash)
- Check the expiration date on used seats and monitor the date on new ones

## LOCAL CAR SEAT SAFETY CHECKS

Three in every four car seats are installed incorrectly. The following local centers offer free car-seat safety inspections by appointment.

### Ron Wood Family Resource Center



2621 Northgate Lane  
Suite 62  
775-884-2269  
[Carson-Family.org](http://Carson-Family.org)

*Note: Ron Wood sometimes offers car-seats at a reduced cost (\$10 - \$45), or even for free, when they host their car-seat events. Call them for additional info.*

### REMSA Health



400 Edison Way  
Suite B  
775-858-5700  
[REMSAHealth.com/outreach/safety-seats/](http://REMSAHealth.com/outreach/safety-seats/)

*Note: REMSA offers free community outreach car seat checkpoints scheduled throughout the year. They also offer private inspections for a \$25 fee. Please call or see their website for more information.*



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