

# What To Expect From Your Wellness Visit

## Wellness Visits

Wellness Visits are annual exams you have with your Physicians and Advanced Practitioners to review your personal medical history, to gather medical information, and assess your risk factors for developing certain medical conditions. Wellness Visits are now covered by commercial insurers under the Affordable Care Act.

### *Examples of what will be discussed during this visit are:*

- Past medical, social and family history
- Complete physical exam and review of body systems
- Review of medications
- Immunizations
- Risk factors
- Review of age/gender appropriate screening tests

*\* Laboratory and other diagnostic tests may require co-payments.*

### **We Care About Your Health**

If you or your provider feel a problem or concern needs to be addressed immediately, you may be asked to reschedule your Wellness Visit, or to schedule a Problem Visit so that your problem/concern can be addressed in the most timely manner possible.

## Know Your Insurance

Remember that your provider does not know your health plan benefits and sees many patients throughout the day with various insurance plans. It is your responsibility to know what services are covered under your health plan.



### **Do you have Medicare?**

Did you know that if you are 65 years or older and have Medicare, you qualify for a FREE Senior Annual Wellness Visit (AWV)?

A Senior AWV helps to ensure your continued good health and is slightly different than a regular Wellness Visit. Ask your provider about Senior Wellness Plus today!

## Problems or Concerns

Sometimes abnormalities are found during Wellness Visits or problems/concerns are discussed that are not covered under the scope of a Wellness Visit.

Although the problems or concerns are addressed during your Wellness Visit such problem(s) identified are often not recognized by health plans as part of a Wellness Visit and CMG is obligated to bill separately for this service.



**Carson Medical Group**